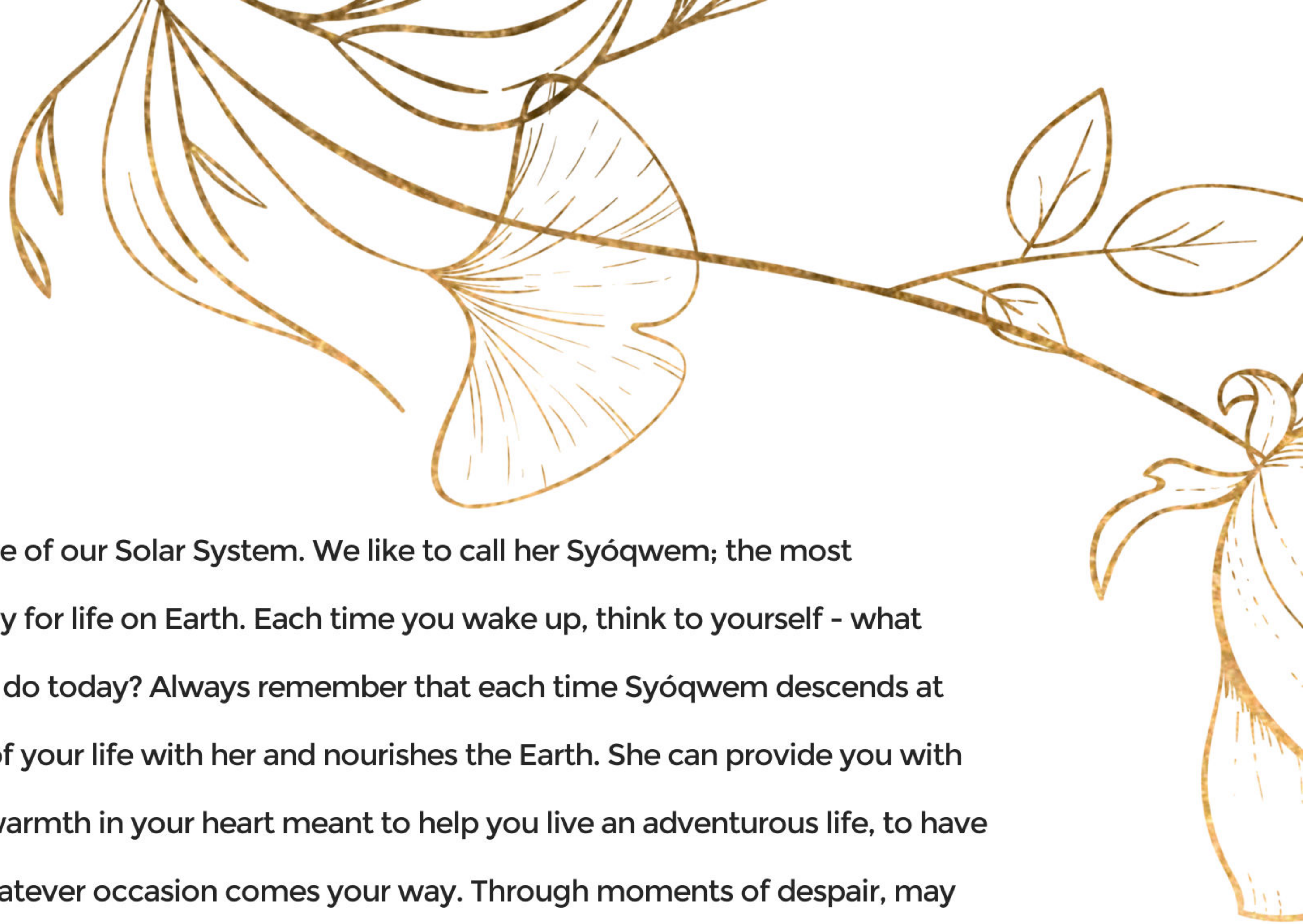
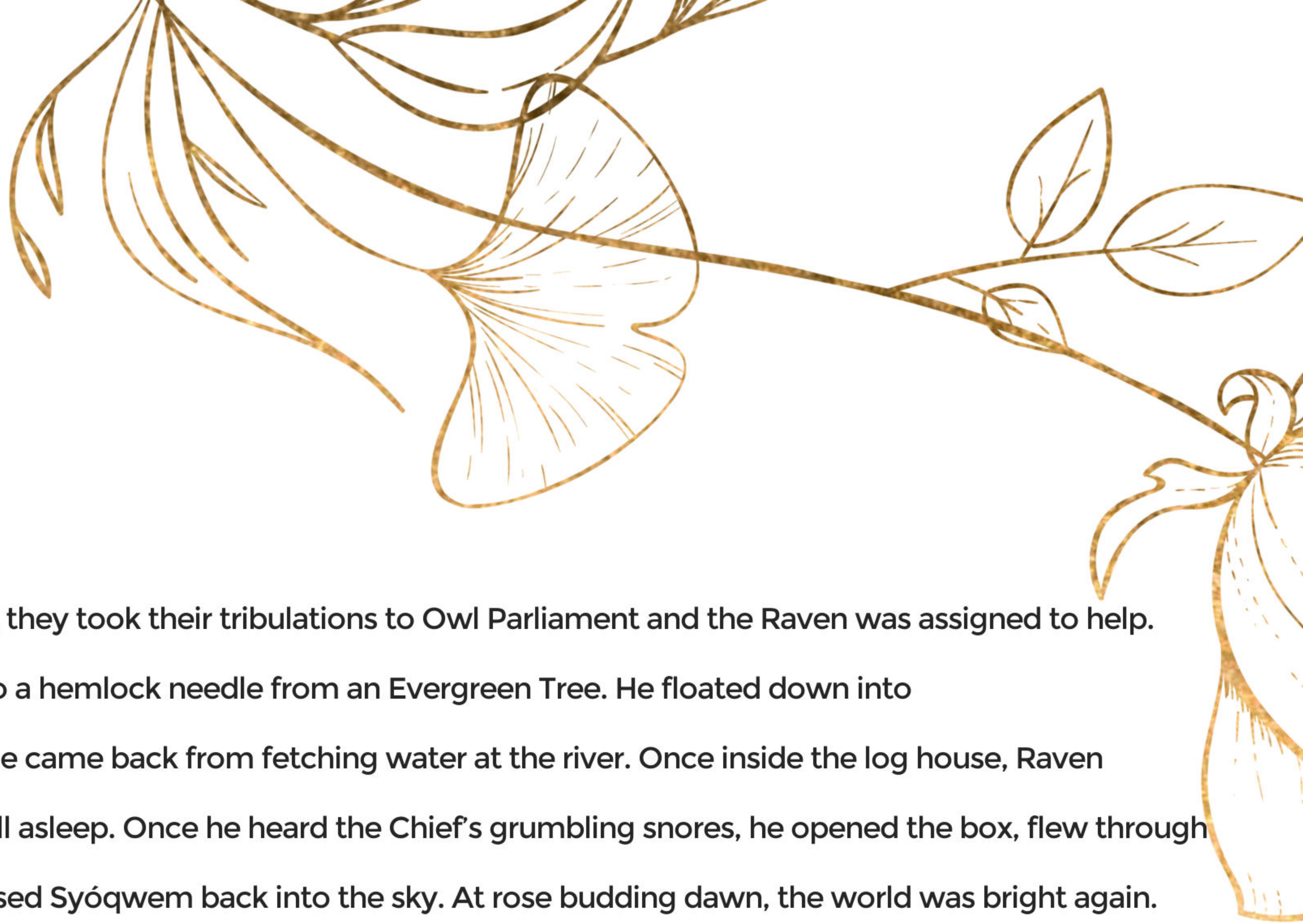


# Sun Sphere



She is the Star at the centre of our Solar System. We like to call her Syóqwem; the most important source of energy for life on Earth. Each time you wake up, think to yourself - what good things am I going to do today? Always remember that each time Syóqwem descends at sunset, she takes a piece of your life with her and nourishes the Earth. She can provide you with new found energy and a warmth in your heart meant to help you live an adventurous life, to have purpose, and to rise to whatever occasion comes your way. Through moments of despair, may Syóqwem shine through and lessen the pain in your heart; sometimes all you can do is find a way to keep your inner fire burning. A Chief once kept all the light in the world in carved boxes. He kept the world in darkness because his child was allergic to UV light. His people begged him to not be selfish and to think of all living things.

# Sun Sphere



When he would not listen, they took their tribulations to Owl Parliament and the Raven was assigned to help.

The Raven transformed into a hemlock needle from an Evergreen Tree. He floated down into

the daughter's basket as she came back from fetching water at the river. Once inside the log house, Raven

waited for the family to fall asleep. Once he heard the Chief's grumbling snores, he opened the box, flew through

the smoke hole, and released Syóqwem back into the sky. At rose budding dawn, the world was bright again.

Syóqwem provides light, heat and energy; she warms our Salish seas and energizes all things green that sustain life

on Earth. May we all embrace the energy of the Sun by never being shy to show our true colours and always

looking for opportunities to spread rays of love.