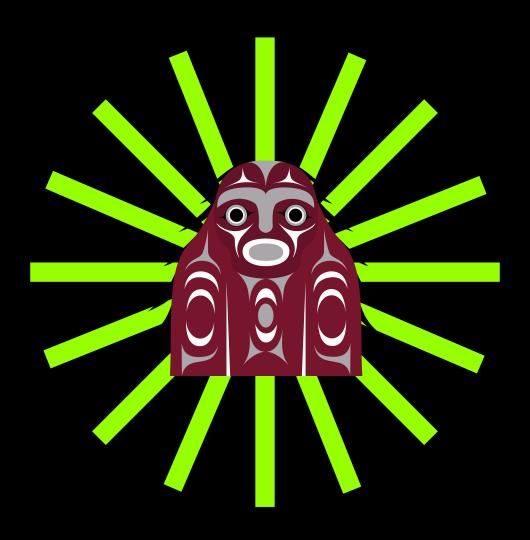


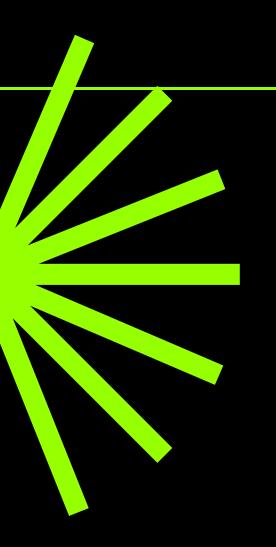
www.turtleislandnft.com

CATEGORIES

Outdoors
Culture
Adventure
Kindness
Growth

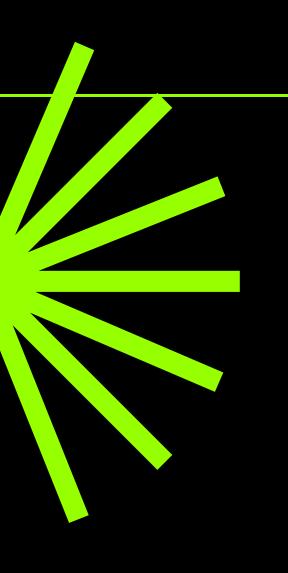


For every 3 tasks completed, one entry for the Grand Prize is earned



<u>OUTDOORS</u>

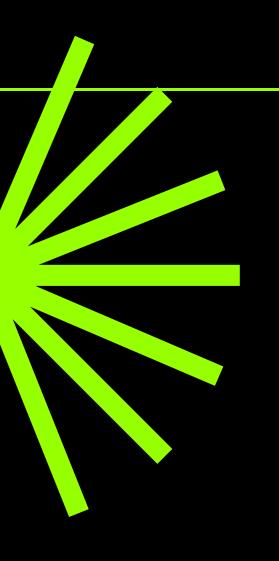
- 1) Go fishing
- 2) Plant a tree
- 3) Visit a totem pole
- 4) Play a sport or game
- 5) Meditate outside
- 6) Go canoeing or kayaking



<u>CULTURE</u>

- 1) Attend a Powwow
- 2) Visit a Friendship Centre or take an elder out for lunch
- 3) Support an indigenous business and/or artist
- 4) Create art about one of the following things:

Two-Spirit, Regalia, 7 Grandfather
Teachings, MMIW, Dreamcatcher or the
Medicine Wheel



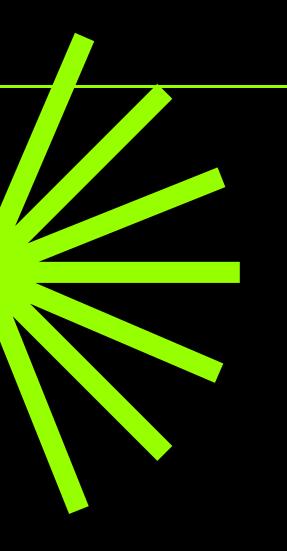
CULTURE

5) Participate in an indigenous ceremony:

smudging, sweat lodge, sun dance, or others

6) Learn a word in an indigenous language



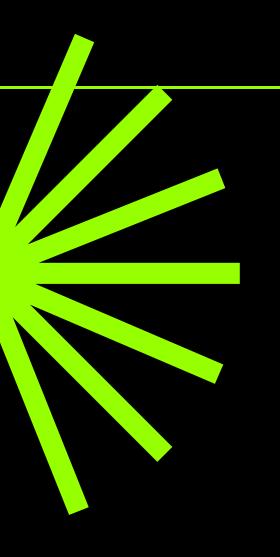


<u>ADVENTURE</u>

- 1) Go skinny dipping
- 2) Visit a new city
- 3) Feel the mist of a waterfall on your face
- 4) Build a fort or sandcastle
- 5) Go for a hike
- 6) Wear a superhero costume in public

<u>KINDNESS</u>

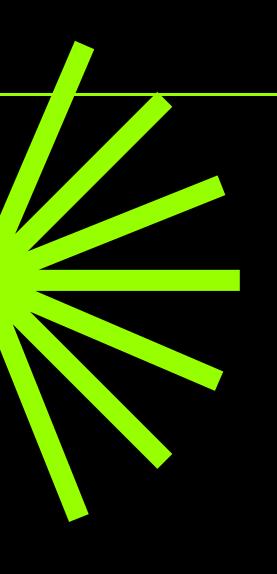
- 1) Use chalk to write a positive message to a stranger
 - 2) Donate blood or hair
 - 3) Organize acommunity cleanup& pick up at least 1full bag of trash
 - 4) Buy a homeless person a meal or volunteer at a soup kitchen



<u>KINDNESS</u>

- 5) Do someone else's dishes or mow their lawn
- 6) Visit a care home for the elderly or disabled





GROWTH

- 1) Learn a new skill
- 2) Grow some food or a plant from seed
- 3) Make a bucket list
- 4) Start a new hobby
- 5) Do a funny dance in public
- 6) Tell a magical story to a child

BONUS ENTRIES

As these are a bit harder for us to track, please email us to receive & confirm



Get someone to sign up for the Tortoise Tasks 2024 Edition

Purchase a Turtle Island NFT



HOW TO PLAY #01

Sign up for annual membership

#02

Complete Waiver

#03

Complete Tortoise Task and take a video or photo

#04

Post to social media (IG, TikTok, X, or FB) with the following:

#TurtleIslandNFT + Brief
Description of Tortoise Task you
completed

GRAND PRIZE



Win an all-expenses paid vacation to Tigh Na Mara Resort & Spa